



International  
LONGSHORE & WAREHOUSE  
UNION

MAY 21, 2015

LOCAL 500 BULLETIN

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**Attention: All Members/Casuals**

**DID YOU WORK A**  
**PHOSROCK SHIP AT NEPTUNE #3**  
**MAY 15-18?????**

**If so, you may have been exposed to**  
**CHICKENPOX!!**

On May 15, 2015, a crew member joined the vessel Ultra Saskatchewan at Neptune # 3. On May 17, the crew member was diagnosed with chickenpox and was quarantined to his cabin. The vessel departed on May 18.

If you were on the vessel from May 15-18 and are feeling ill, see your doctor. Chickenpox is highly contagious and can be spread even when you show no symptoms.

*Chickenpox causes a red, itchy skin rash that usually appears first on the abdomen or back and face, and then spreads to almost everywhere else on the body, including the scalp, mouth, arms, legs, and genitals.*

*The rash begins as multiple small red bumps that look like pimples or insect bites, usually less than a quarter of an inch wide. They appear in crops over 2 to 4 days and develop into thin-walled blisters filled with fluid. The blister walls break, leaving open sores, which finally crust over to become dry, brown scabs. The rash is very itchy, and cool baths or calamine lotion may help to manage the itching.*

John Urrico, Secretary Treasurer